



Debden Arena COVID-19 Guidelines

Version 2 - Effective October 22, 2020

Updated Nov. 16, 2020

Introduction:

Welcome to the Debden Arena! Our goal is to continue to work with all User Groups to keep a safe and healthy environment for all sports. The Saskatchewan Hockey Association (SHA) has released the Return to Hockey COVID-19 Response Safety Guidelines. Up to date guidelines can be found at <https://sha.sk.ca/news/return-to-hockey>. The Saskatchewan Broomball Association (SBA) has release COVID-19: Return to Broomball Association Guidelines. Up to date guidelines can be found at <https://saskbroomball.ca/index.php/covid/>. These guidelines include the SHA and SBA facility revisions effective immediately.

Arrival to Debden Arena:

- Entrance will be through the main Arena door only. Signage will be visible from the parking lot.
- All participants, coaches, staff, volunteers, officials and spectators **MUST** wear a mask which covers the mouth and nose. Spectators, this is mandatory at all times in the facility unless you are eating or drinking.
- Upon entrance all participants, coaches, officials, volunteers & spectators **MUST** sanitize hands at the Sanitizing Station, then proceed to area for activity and avoid contacting surfaces as much as possible.
- Every User Group must sign in all participants, staff, coaches/instructors, volunteers and spectators upon arrival. A COVID Sign-In table is set up with a Sign in sheet for each ice session for all to record their name, phone and



email for contact tracing. Records are to be kept for a minimum of one month by the User Group.

- It is recommended that participants arrive in equipment and put on skates/shoes at facility. Dressing Rooms will be available to dress as well.
- Facility signage is to be followed at all times.
- Participants are to proceed to assigned dressing room.
- Spectators are to proceed to bleacher or lobby seating area.
- Exercise Physical Distancing upon arrival and at all times while in the facility.
- It is recommended to arrive only fifteen (15) minutes before any scheduled ice-time. If you arrive too far in advance, you may be asked to wait in your vehicle.

Dressing Rooms:

- Exercise Physical Distancing at all times while in the facility, including dressing rooms.
- Masks are required in dressing rooms as 2 meters physical distancing is limited.
- Dressing Room arrival is no more than 15 minutes prior to ice time. Do not arrive early, as you may be asked to wait in your vehicle while disinfecting occurs in a dressing room.
- If a parent is required to assist their child, only 1 parent per player will be permitted into the dressing room. No additional family members permitted in a dressing room.
- Dressing Rooms – will be assigned by caretaker. Do not use another dressing room. All on-ice participants are encouraged to come fully dressed.
 - Whenever physical distancing is not available – mandatory masks are required in a dressing room by all occupants.
- Showering after the activity is permitted, but patrons must be out of dressing room within the 15-minute time frame to allow for disinfecting for next group.
- All garbage must be placed in containers by participants, coaches and officials.



- Absolutely no spitting, seeds spit on floor or chewing tobacco.
- No sharing of any personal item.
- Fill water bottle at home.
- To access ice surface, Instructors or coaches are to inform participants when they can enter the ice surface once the Zamboni gate has been closed. Participants are not to line up at the gate.

Players Benches and Penalty Boxes:

- No spitting, which includes spitting of water.
- Areas will be sanitized between each use.
- Teams to provide hand sanitizer (approved by Health Canada (DIN or NPN) on each bench and each penalty box.
- Same person to open/close gates and wear gloves.
- Keep gates closed between the time-keeper box and penalty boxes at all times during a game.
- All areas, try to maintain physical distancing as much as possible.
- A spray bottle of disinfectant will be available in all areas for use. □ User Group to provide hand sanitizer for patrons use.

Spectator Seating & Standing:

- **Maximum spectator, staff and kitchen volunteer occupancy at all times: up to 90 based on ability to social distance**
- Must maintain 2 meters physical distancing between extended household groups – side to side and front to back.
- Members of extended households must sit together, with a minimum of 2 meters between extended households.
- Bleacher area is 2-way traffic flow and remember to maintain 2 meters physical distancing while accessing and departing the bleacher area, due to the walkway width.
- Absolutely No standing along the stairs where access to dressing rooms and ice access is for participants.



- Spectator visiting, moving around and congregating is strongly discouraged.
- Spectators are not permitted within 2 meters of ice participants as they enter/exit the ice surface or dressing rooms.
- All garbage is to be placed in containers around facility, not left on floor. Please assist with maintaining a clean facility.
- Coaches/managers are responsible for removing all garbage and items from the dressing room after every single use.

Concession:

- The Debden Arena kitchen and concession may be open for practices and games.
- Follow the signage in the facility.
- Packaged condiments will be served to you upon ordering.
- Once you have purchased your concession items, please return to your seat for consumption. Masks are to be used following consumption.
- All garbage is to be placed in containers around facility. Thank-you for your assistance!

Departure from Debden Arena:

- Exit is through the exit door. Signs are visible from the parking lot and in the facility. Follow the signs.
- It is recommended participants, coaches, officials, volunteers & spectators must leave the facility within fifteen (15) minutes after the completion of the scheduled ice-time.
- Participants, coaches and officials should not congregate in dressing rooms, hallways, lobby, bleachers, parking areas or any public area before or after the scheduled ice-time.
- Participants, coaches, officials, volunteers & spectators are to avoid contacting surfaces as much as possible.



Health Guidelines

- Preventative COVID-19 measures to follow:
 - Wash your hands frequently using soap and warm water for at least 20 seconds. Use hand sanitizer if no access to sink and water
 - Cover your mouth and nose with a tissue when you cough or sneeze and discard the tissue immediately. If no tissue, then use your elbow.
 - Avoid touching your mouth, eyes and nose at all times
 - Physical distance of 2 metres (6 feet)
 - If you are sick stay home or leave the facility if you become sick and inform your Group for tracking requirements **Participant Health and Illness:**
- Participants, coaches, officials and volunteers:
 - Who are sick or symptomatic or have been around anyone showing symptoms or had COVID-19 in the last 14 days must **NOT** enter the facility and participate. Symptoms may include one or more of the following: fever, cough, headaches, aches & pains, sore throat, chills, runny nose, loss of sense of taste or smell and shortness of breath or difficulty breathing – [COVID-19 Symptoms](#). Use the Government of Saskatchewan's [Self-Assessment tool for COVID-19](#) and follow the subsequent directions.
 - Who have travelled internationally within the past 14 days, will comply with all restrictions such as self isolation or quarantine required upon arrival.
 - If activities involve being with 2 metres of other participants should self-monitor.



- User Group to ensure every person upon arrival to sign in at the COVID Sign in table and submit their name, phone number and email address to facilitate contact tracing. The facility will keep all forms for a minimum of one month, in the event Saskatchewan Health needs to trace. Each user Groups should also track its participants.
- If a person becomes sick or injured and first aid or further care is required:
 - Call emergency Services – 9-1-1. Try to limit the number of individuals in contact with the sick person.
 - Place a mask over the individual's mouth and nose if they are not able to do so. Maintain a safe distance until the mask is in place. The User Group is to provide the mask.
- First aid providers caring for people should follow standard precautions. Those who provide direct care requiring close or direct contact should wear a mask.
- Following care, first aid providers should discard the mask and gloves following standard procedures and perform hand hygiene.

Arena Cleaning and Sanitizing:

- The Caretaker will be following the [Environmental Cleaning and Disinfection Guidelines](#)
- Dressing Rooms will be cleaned and disinfected prior to a new group being provided access to space, including benches, bleachers, railings, gates, etc.
- Frequently touched surfaces should be cleaned and disinfected prior to a new group being provided access to space, including benches, bleachers, railings, gates, etc.
- Commonly touched surfaces such as vending machines, water fountain handles, doorknobs/handles, handrails, light switches, countertops, etc will be cleaned about every 2 hours during occupancy. A complete facility cleaning and disinfecting will be completed at end of every night.
- Ensure handwashing sinks are fully stocked with soap and paper towels.



- Place alcohol-based hand sanitizer approved by Health Canada (DIN or NPN number) in dispensers or soap and water handwashing stations near doors, common use equipment, washrooms/locker rooms, team areas and other high touch locations for patrons and staff.
- Patrons should bring their own hand sanitizer when possible.
- Hand hygiene should be performed prior to play and contacting shared equipment, as well as through the duration of the activity (intermissions, breaks, etc.) and at end of activity.

Let's work together to play safe!!